

SPRING FAIR  
FROM 11am to 4pm  
SATURDAY 31ST  
AUGUST 2013

EagleMONT Shopping Village Newsletter August 2013

EAGLEMONT

# The Village VOICE

NEWSLETTER

Edition 4

SILVERDALE ROAD, EAGLEMONT MEL. REF. 31H6

## Wellness, relaxation and down to earth skin care at endota spa EagleMONT

Searching locally, Sherrell Stewart owner of endota spa EagleMONT decided the Village was perfect for her day spa. EagleMONT Villages' 'tranquil, relaxed, community feel makes it just the right place to leave the worries of the world behind'.

Sherrell who spent many years as a CPA and financial accountant, chose a career sea change. After thorough due diligence Sherrell decided upon Australian owned endota spa as it possesses values she could relate to for her future business project. An avid health and fitness fan she cares most about people, their wellbeing and holistic beauty; 'skin that is healthy, looks good'.

EagleMONT's endota spa offers clients an uplifting and memorable experience with acclaimed remedial and soothing relaxation massage and specialist body or facial treatments. Boasting four enticing treatment rooms; including double spa treatment room where friends or partners can indulge themselves together time as they soak up their preferred spa experience. The spa's clients have ranged in age from ten to well into their 90's; women and men alike are surprised at how good they feel following treatment, often not wanting to go back to the real world!

The endota product range is made in Australia and is organically certified with 1% of all endota certified organic product sales going to Bush Heritage Australia.

Sherrell credits her therapists as her most important business asset and the spa team prides itself on offering exceptional customer service. Her small team of carefully selected quality therapists are highly trained and qualified to meet strict endota standards. The therapist team includes Sarah, Olivia and Laura whose specialty is skin treatment and Charlotte and Zakia who provide specialist massage services (including remedial and pregnancy massage). The team at endota spa EagleMONT



Charlotte, Sarah, Laura, Sherrell and Rachel of endota spa EagleMONT Village Traders.

tailor treatments to individual requirements as well as aligning therapists skills with client needs.

With Sherrell's spare time revolving around ferrying her two boys to sport, keeping up is not a problem. On one gym session many a head turned when a voice asked 'what time are we leaving mum'. This is not surprising from someone who grew up in Warracknabeal learning to drive through paddocks to the school bus in primary school! It's the simple pleasures Sherrell enjoys; she feels most relaxed when connected to nature, relaxing by the beach or walking her dog!

Sherrell feels it is 'very important EagleMONT Village retains its character and integrity, has lots of busy traders and utilises its energy and enthusiasm to differentiate itself from large shopping centers by offering a unique shopping experience' and thanks her many loyal clients for their support.

Customers always come first at EagleMONT's endota day spa which stocks **Dermalogica** skincare, endota's organic and glycolic treatment skincare ranges and the new hydro peptide range. Gift vouchers are also available. Open Monday to Saturday and offering HiCAPS facilities. Appointments or queries welcome on (03) 9499 1870 or [www.endota.com.au/eagleMONT](http://www.endota.com.au/eagleMONT)

## Village Whispers

Stock up at **EagleMONT Post Office & News** with extensive cards and gifts ranges. Dad has everything? Why not pick up a gift voucher this Father's Day? Exciting new childrens books and toys. Popular dry cleaning, three basic items \$15.95. Let George and Mary take care of all your bill pay and Australia Post needs.

**Grace Pharmacy** is conducting MedsCheck, a medicare funded scheme for people to have medication questions answered in a private setting where they may be more inclined to bring up problems. Consultations available between 9 and 10am taking place in the pharmacy with Kirsten (before store opening).

Congratulations to **EagleMONT Meats** apprentice Adam Johnson (and Jessica) on the safe arrival of beautiful baby Mitchell!

Sleepless nights? Waking up with a stiff, sore neck? Maybe it's time for a new pillow. Come in and chat to **Muscle Needs Myotherapy** about the Adjustable Memory Foam Pillows in stock.

Call into **Eagle Nest Café** for popular Monte coffee and delicious salad rolls and muffins. New and ever changing gift ideas. Pick up your coffee loyalty card today!

Congratulations to **Rachael Baggally** (owner of Muscle Needs Myotherapy) and Bob who recently eloped, much to the surprise of family and friends! Wishing them every happiness for their future.

After the huge success of their Wine Expo last October and many local tastings throughout this year, **EagleMONT Cellars** has introduced some European wines to its repertoire! In house and awaiting a good home are many outstanding wines from all over the world. They look forward to seeing you in store soon!

**Endota Spa EagleMONT** has introduced a new service, the hydro dermabrasion facial! This offers both advanced exfoliation and hydration to suit individual skin types.

DON'T FORGET FATHERS DAY  
SUNDAY THE 1<sup>ST</sup> OF SEPTEMBER 2013



Daughter Anna pictured with hamper donated by EagleMONT Village Traders.

## Competition winner!

Congratulations to local resident Cecelie Abelson with the winning entry to tell us in 25 words or less why you love EagleMONT Village.

*'EagleMONT Village is ours to share, like a meal on a wintry day. The community spirit is everywhere, and a smile never far away.'*

## Step into Spring with EagleMONT Village Traders

The EagleMONT Village Traders are hosting a Step into Spring Fair on **Saturday 31st August from 11am - 4pm**. It's sure to be fun for all with food, live entertainment and rides, father's day gifts, market stalls and much more!

## Premium quality meat and good old-fashioned service at Eaglemont Meats

People come from afar to Eaglemont Meats, now in their 28th year of supplying premium quality meat, seafood, smallgoods, and their own ham produce with free range pork. Owner Glenn Carlyon bought the shop from previous owner Bill Houghton back in 1986 on a handshake! It's the people that drew Glenn to Eaglemont which reminds him of an English village where everyone helps each other. There is never a day Glenn doesn't want to come to work, even with 6am starts and 70-80 hour weeks. Former Eaglemont Upholstery owner John Linklater, told Glenn on his first day 'You'll either last just 6 months or it will be your last job as you will love it so much' and lucky for Eaglemont the latter was correct!

During a difficult period seeing Glenn in and out of hospital for five years; it was the help of customers, Eaglemont shop keepers and friends that got him through. While there are simply too many to mention individually special thanks goes to John Linklater, Paul Martin, Bill McCormack (last milkman on Gilies dairy) and former boss Bernie Boyle. Glenn was overwhelmed with support from customers who cooked meals for his family, mowed lawns and took care of all manner of jobs. Customer Claudette Taylor ferried son Nick to and from football while local identity Bruce Staiton offered considerable guidance.

Completing his apprenticeship under Bernie Boyle at Northland it says a lot about Glenn's character that Bernie came back from retirement to work under him. Crediting owner of eight butcher shops Barry Reading as mentor, Glenn has seen a lot of changes to the industry over the years. There's a lot more value add through cooking and pre-preparing including marinating and he's particularly enjoyed making his own hams and bacon over the past 15 years.

Glenn's favourite cut is t-bone, 'It's a porterhouse one side of the bone with a bit of eye fillet on the other' and says you can't beat a lamb roast either. Nicknamed Mitsy for his big hands (see photo for evidence) all four children, Nicholas, Catherine, Patrick and Scott have worked in the store over the years. What he loves most about Eaglemont Village is meeting and having a laugh with people, as



Owner Glenn Carlyon of Eaglemont Meats

Adam (holding Mitchell), Patrick and Glenn

anyone who's been caught out by his wicked sense of humour knows only too well! Over the past ten years Glenn has seen many young people move into the area and, 'they are all excellent people'. He finds particular pleasure in watching families grow up with three generations of loyal customers.

Describing all his apprentices as 'great blokes', George Richards has been with Eaglemont Meats for 13 years and new butcher Adam Johnson is working on the succession plan! Glenn says Adam 'has put a spring in my step' and responsible for many new products too. There is always plenty of banter, hijinks and the occasional quiet ale or two after closing. No one is letting on who slept in the shop following one particularly joyous Eaglemont Village Christmas event though...

Glenn enjoys relaxing over a coffee, especially the frothy coffee variety with family and friends. Along with his beloved grandson Jaxon and the Pies, he is proud life member of St Damien's and member of Bundoora football clubs. An Australian history buff, retracing the steps of Gallipoli and Hell Fire Pass Burma, Glenn's father miraculously survived gunshot wounds twice in WWII in Crete and later PNG.

Glenn invites everyone to get behind Saturday morning Sausage Sizzle. All proceeds go to Open House, not for profit charity giving long term assistance to youth and adults in the community. Supporting good friend Ian Meyer from Open House Glenn says 'they do a magnificent job, selflessly sacrificing their own time to help those less fortunate'. Look out for Ron McCann, Barry Turner and Ron Ross on the BBQ too!

## Eagle Nest Cafe hosts Australia's Biggest Morning Tea

Owner Rebecca Martin brewed up support for Cancer Council Victoria at Eagle Nest Cafe with many locals, friends, family and colleagues as well as those from afar joining her in the fight against cancer. Rebecca decided to host Australia's Biggest Morning Tea as she recently lost a friend to the disease and it's a worthy cause close to everyone's heart. Patrons dug deep enjoying scones and Spanish donuts. Thank you to everyone who supported the day which was a resounding success raising \$700 for Cancer Council Victoria!



## Give your feedback and enter our competition

We value your opinion. Tell us what you like about the Village Voice and what can we improve on you'll go in the draw to win a beautiful gift hamper. Entries close 30th September and can be submitted directly to Eaglemont traders or at [info@eaglemontvillage.com.au](mailto:info@eaglemontvillage.com.au). The winner will be notified by telephone and published in the next edition of the Village Voice.

**Eaglemont Automotive**  
(No. 55-59) Tel 9499 1068

**Toys 'n' Stuff**  
(No. 60) Tel 9499 9141

**Grace Pharmacy**  
(No. 61A) Tel 9499 3300

**Complete Plumbing Service**  
(No. 61) Tel 9499 2999

**Nostalgic Wireless**  
(No. 63) Tel 9499 2495

**Eagle Nest Café**  
(No. 64) Mob 0417 503 598

**Precision Learning Centre**  
(No. 65) Tel 9458 4270

**Henrietta's Hair Salon**  
(No. 66) Tel 9499 4853

**Castille de Fleur Savonnerie**  
(No. 67) Tel 9499 1152

**Eaglemont Post Office & News**  
(No. 68) Tel 9499 2589

**Meredith Gould Architect**  
(No. 69) Tel 9499 3518

**The Mind Healing Place**  
(No. 69a) Tel 0422 328 152

**Muscle Needs Myotherapy**  
(No. 73) Phone 03 9497 3257

**The Dish Cafe**  
(No. 72-74) Tel 9499 2566

**Eclectic Charm Gifts**  
(No. 74) Mob 9499 8888

**Paul Martin Hairstylist**  
(No. 75) Tel 9497 1326

**Eaglemont Fruit Supply**  
(No. 76) Tel 9497 3866

**Christou & Co. Local Real Estate**  
(No. 77) Tel 9499 4999

**Eaglemont Fish and Chip Shop**  
(No. 78) Tel 9499 4619

**Eaglemont Meats**  
(No. 80) Tel 9499 5451

**Eaglemont Hair Design**  
(No. 81) Tel 9499 9400

**Eaglemont Cellars**  
(No. 82-84) Tel 9499 1348

**Endota Spa**  
(No. 83) Tel 9499 1870

**IGA Supermarket**  
(No. 85-87) Tel 9499 4859

HELP US GET THE WORD OUT...

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